Beat: Travel

AUSTRALIAN MASTERS GAMES VINTAGE 2015 FOR 30 - YEAR OLDS

IN ADELAIDE, 3-10 OCTOBER 2015

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USPA NEWS - The Australian Masters Games is a biennal sporting event seen as one of the number one and largest participation sporting events in Australia. This year, it will be hosted in Adelaïde, famous for its social calendar...

According to the organisers (Australian Masters Games), this kind of event allows the opportunity to :

- Make the wider community aware of the benefit of sport
- Encourage and engage the masters sport demographic in ongoing activity that is beneficial to their long term health and wellbeing

- Encourage a positive lifestyle in the community that is balanced with social outcome and opportunities
- Reaffirm with all levels of sports administraton the importance of mature-aged sports people who are seeking opportunities to participate
- Demonstrate the myriad of attractions of sport : skill, achievement, competition, social interaction, satisfaction

Conditions to participate : it is open to anyone. The only criteria to compete is that you must meet the minimum age requirement, which is 30 + years. It does not impose qualifying standards and welcomes participants from all over the world. It offers participants a wide range of different sports (motor sport, karting, shooting, football, cycling, indoor netball, archery, BMX, canoe kayak, athletics, equestrian, surf life saving, bocce,..).

The variety of sports on offer provides the opportunity for participants to try a new sport, compete in multiple sports during the week and register as an individual or in a team. It comprises also a variety of social events throughout the week for competitors and visitors to Adelaïde. The city has as good reputation in providing a social calendar as in producing an excellent sporting program.

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